

GREEN PEEL®

Energy

Stimulate your skin

The vitality and regeneration kick for your skin.

Tools

Small bowls
GREEN PEEL® measuring spoon
Syringe/Scissors
Spatula/Brush
Blister, gauze

Products

Super Soft Cleanser
Herbal Care Lotion
Gel Super Purifiant
GREEN PEEL® Herbs
GREEN PEEL® Concentrate

Calming Facial Foam
derma.cosmetics ampoules
GREEN PEEL® Balance+ Mask
Skin Elixier
(Ceraderm Professional Cream)

Treatment Procedure

Treatment duration: approx. 80 minutes

1.  Begin the peeling treatment by thoroughly cleansing the skin area to be treated using Super Soft Cleanser.

Then tone the skin with Herbal Care Lotion.



2.  Carry out a thorough skin analysis. Discuss the exact procedure of the treatment and home care with your customer.

3.  Emulsify a pea-sized amount of Gel Super Purifiant with a few drops of water in your hands and massage gently into the skin for 2 minutes. Subsequently, remove it with a warm compress.



4.  In a bowl, mix 2 g of GREEN PEEL® herbs, (before stir well in jar) with 2 ml of GREEN PEEL® Concentrate and 2 ml of water. Stir until you get a paste. Then, add a plum-sized amount of Calming Facial Foam.



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5.



Massage the herbal mixture into the skin area to be treated for maximum 3 – 4 minutes with light to medium pressure in circular motions.

Caution: Massage the neck and cleavage only briefly and very gently.

6.



Gently remove the rest of the herbal mixture with lukewarm water and tone the skin again with Herbal Care Lotion.



7.



Apply half an ampoule (approximately 1 ml) of the derma.cosmetics ampoules (depending on the skin type) and gently pat into the skin.



8.



Mix the other half of the chosen ampoule with Balance+ Mask (approx. 8 – 10 ml) and add a plum-sized amount of Calming Facial Foam.



9.



Apply the mixture now to the skin area to be treated. In the facial area, cover the herbs with a blister gauze soaked with Herbal Care Lotion. In case of body treatments, use an occlusion foil to increase the percutaneous absorption.

Tip:

While the face pack is taking effect, we recommend offering your customer a relaxing hand and arm massage.

10.



Remove the face pack after approximately 15 minutes with warm compresses or Kleenex and tone the skin with Herbal Care Lotion.



11.



Perform a massage with Skin Elixir.

Caution:

In case of impure skin, perform a soothing manual lymph drainage or nerve point massage instead.



12.



As final care, Optimum Protection Cream with SPF 20 is recommended.



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